

Power Up Your Happiness at the 2nd edition of Happy Hormones Class of 2024 Challenge



PULL-UP CHALLENGE

SKATING WORKSHOP



MOBILITY CLASS

Unforgettable Thrills to Fuel Your Joy

The 2nd edition of the Happy Hormones Class of 2024 Challenge was an extraordinary community event held at Level 1, The School.

Supported by incredible recreational tenants & partners such as Celebrity Fitness Malaysia, BUMP Bouldering, Masters Golf Performance, CK Chiropractic, Magnifique Gymnastics, One Osteo Osteopathy KL, and more, attendees enjoyed a wide array of thrilling activities. From Mobility Class and Kendo & Laido Demo & Workshop to Osteopathy Talk and Taekwondo Performance, there was something for everyone.

Additionally, guests had the chance to participate in Golf Putting Challenge, Archery Challenge, Chiropractic Talk & Spinal Screening, Gymnastics Class, Karate Demo, and Les Mills Dance. The event also featured engaging activities like Hanging/Pull-Up Challenge by BUMP Bouldering, Ping Pong Challenge, Skating Workshop, FREE Hair Styling, and a vibrant pop-up bazaar.

Social Media